



## Message from Rabbi Mitch Levine



I'm pleased to share this month that several CBI members have expressed an interest in Adult B'nei Mitzvah, so we'll be putting together a program soon to make this happen. If you think about it, the whole idea of a bar/bat mitzvah program sounds somewhat counterintuitive. Why should we need a "program," which implies classes and lengthy preparations, in order to become b'nei mitzvah?

The association of spirituality with spontaneity would have us expect that the pivotal Jewish moment in our lives should be an experience more akin to dramatic revelation than to hard work, repetitive practice and study. No one at Mt. Sinai, the paradigmatic "bar mitzvah" of the Jewish People, was expected to spend 10 months learning to chant a haftarah. "Na'asei ve-eshma" (We will do and hear) meant entering into the covenant of the mitzvot came first, the endless pro-

gram of study came after. A more reasonable religion would have the cleric utter a benediction and perhaps burn some incense over the heads of the initiates and be done with it. Indeed, in the eyes of Jewish Law, one becomes bar/bat mitzvah upon reaching majority age (twelve for girls, thirteen for boys) whether one has learned one's parsha or not. Why invite mature adults to put themselves through any of this?

In the Torah readings for this month, Pharaoh tries to persuade Moses to take only what will be required for worship when he leaves Egypt to serve God in the desert. Moses replies that the Israelites must depart with all of their belongings, for "we will not know with what we will serve God until we get there." The unknowable deprives us of the ease of preparing only the minimum, whereas marshaling all of our resources allows us to compensate by being ready for anything.

Perhaps this is the meaning behind the B'nei Mitzvah process. For our most transformative experiences we simply can't know what we will need until we get there. Learning to lead a Hebrew service or read a portion of the Torah may not be in themselves the moment one finds oneself in awe of the universe or in sync with what it truly means to be human. Nonetheless, we cultivate the knowledge and skill to better Jewishly navigate these moments when they occur. As our tradition promises, "Commensurate with the struggle is the reward" (Pirke Avot)

Whether you missed out on a Bar/Bat Mitzvah as a youngster, or had one a long time ago and are in need of brushing up on your Jewish knowledge and skills, you're invited to join our new Adult B'nei Mitzvah group. Those interested in participating in the planning meeting please email me at [rabbi@bethisraelinc.org](mailto:rabbi@bethisraelinc.org) by the middle of January. I'll be in touch about next steps shortly thereafter.

### Inside this issue

Tu B'Shvat.....	3
Meet the CBI Board.....	4
Ritual Committee .....	4
Social Action Committee News .....	5
Friday Noon Study Group .....	6
Security Committee ...	8,9
Donations.....	11
Yahrzeits .....	13-14
Community News .....	17-18
January Calendar. ....	19

# From the CBI President

## Ellen Sanders

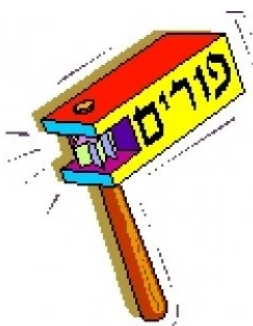
Happy New Year (again)! Our people get to celebrate it twice, don't we?

As I sat here, contemplating what I might write this month, I decided to focus on the "new". I thought back to when Rick and I were new to Asheville – and actually, *before* we decided to move here. When we returned to the States from Berlin, and Rick retired, we began looking for a new home outside the DC area. We wanted mountains (check), less traffic congestion (check), good medical (check), adult education opportunities (check), a strong arts community (check!), and last but definitely not least, a Jewish community. I come from an Orthodox background and Rick from Reform, so Conservative has been our go-to for quite some time. What luck to find a Conservative synagogue that was so welcoming in a city that we liked so much! Lee Avishai made us instantly feel like members of the family. We were offered an Aliyah to open the ark on Rosh Hashanah, just months after we joined (wow). And that following spring Mike Weizman asked me to be a Member at Large on the board.



Being a member of the Board was a way for me to get to know my fellow congregants and also to be in on all the latest happenings and decisions. I have enjoyed both. After two years, when the leadership turned over, I agreed to take on the VP/President-elect position (and be the liaison to our Youth Education Program (YEP)). A year later, here I am as president of the Board. I still feel "new" - it's only been four and a half years since we moved here, after all – but this synagogue has such a strong tradition of communal leadership that I don't feel overwhelmed. So many people make things happen! Having Rochelle Reich as our Executive Director really makes things work. And we now have Rabbi Mitch, who happily shares his knowledge and enthusiasm with us all. Talk about support!

I would like to welcome our most recent members: Ilana Brody and Linda Vance; Gail Clement; Jonathan Friedel; Ruth Gaynes; Pam and Alan Goldschmidt; Marv and Ellie Goldstein; Joshua Horowitz; Mark and Shelley Lieberman; Shoshana Mackay; Helene and Saul Nathanson; Allen Nichol and Barbara Lebowitz-Nichol; Mindy Pardoll; Rhona Reagan; Louis and Hanina Ruttenberg; Steven Shulruff; Shira Wolf-Camplin; Joanna Zimmerman and Kevin Corbett. If I've missed anyone, my apologies. I say to you all: don't be afraid to get involved! There are many people with institutional knowledge and know-how that will welcome you with open arms, and support you. We can use you on the Board, on a committee (or two) – or both. And those of you who have been around for a while, be sure and welcome our newest congregants. Plus, we can sure use *your* energy and ideas, as well! New or old – CBI runs on volunteer energy. If you've toyed with the idea of helping in some way, please let us know. And, once again, may your 2022 be a good year!



### It's never too early to get your Purim spiel on!

Who enjoys a little schtick? singing? laughing? Well then this might just be the thing you've been looking for. Calling anyone interested in channeling your inner diva, overcoming your stage fright and grabbing the spotlight.

Coming this Purim: CBI's first (or if it isn't the first, it's the first in a long time) Purim Schpiel! All ages and talent levels welcome! We are currently seeking help in getting this production going- casting will come later. Who's in??

Contact Rochelle at [director@bethisraelinc.org](mailto:director@bethisraelinc.org).

# Tu B'Shvat Celebration

Monday, January 17, 1:30-3pm

Yesod Farm+Kitchen

20 Kirstein Rd, Fairview, NC 28730



Winter still seems to be in its dormancy, but the soil is already awakening and preparing for spring. Join us at *Yesod Farm+Kitchen* to mark Tu B'Shvat (the 15th day of the month of Shvat), which has been a time to be in relationship with trees and their produce for millennia. All ages welcome. Come dressed warm to spend some time outside with trees. Please car-pool when possible, parking is very limited.

Parking/Carpooling/RSVP:

Please RSVP to [director@bethisraelinc.org](mailto:director@bethisraelinc.org) by January 10th and indicate whether or not you plan to drive on your own or if you'd like to carpool from the shul.

For those of you who drive straight there, please leave your vehicle on the culvert over Garren Creek on Kirstein Road. There is very limited parking space so carpooling is highly recommended.

## 2022 CBI Golf Classic

We are pleased to announce the 2nd Annual CBI Golf Classic



Due to the success of last year's inaugural tournament, we are moving forward with plans for another outing around the beginning of June 2022.

To make this event gain stature, we need help from all of our fellow members.

You don't have to play golf to help us. You can help by getting players, soliciting sponsors, gathering, and asking for raffle / auction items. With your help, we can almost guarantee another successful event. Last year's event

brought in a greater amount of money than forecasted. We hope to double last year's proceeds. **We can only do this with help from our fellow congregants.**

If you would like to help us in any way, or join the planning committee, please email any one of the committee: [paul.deletetsky@gmail.com](mailto:paul.deletetsky@gmail.com), or [jeffzer@yahoo.com](mailto:jeffzer@yahoo.com) or [marvgoldstein@yahoo.com](mailto:marvgoldstein@yahoo.com)



### Volunteer Needs at the Shul

We are currently seeking folks interested in reimagining several of our *shul's* committees. Don't let the word "committee" scare you; we need your energy and enthusiasm! All committees welcome new members, but specifically we are looking for new folks to join the Fund Development, Adult Ed, Security and newly-forming CBI Club *Havurah* social committee. Contact Rochelle to discuss your interests.



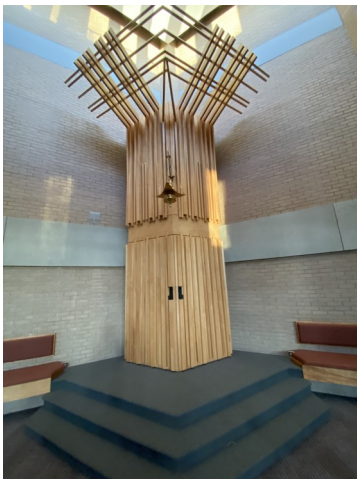
# Get to Know the Board: Julie Sherman

Hello CBI community. I have been a member of CBI since 2017, though I have been coming to services and events at CBI since I first moved to Asheville, from Berkeley, CA, in 2006. The first time I came to CBI was right before High Holidays, and happened to sit next to Shirley Kayne. We realized that we lived near each other and she asked if I wanted a ride to S'lichot services. Since there was a shiva minyan happening right before S'lichot services I said I didn't think I should come, but she said I was absolutely invited to go to both, so I came with Shirley. At Rosh HaShana services that year I was invited to someone's house for lunch and met four amazing women, who became my first friends here in Asheville. That was my introduction to the CBI community. I felt seen and welcomed. So you might ask why it took me so long to become a member. Well for a number of years I worked at Beth HaTephila as their administrator and got involved in the community there. After I left that job I became a member here. Currently I work part time as I am living with cancer, and have been for quite a few years.



My Jewish history is that I was raised in a Reform household but gravitated in other directions as I got older. I have been an active member of two Renewal communities and served on the coordinating council at each of them. I like being where decisions are made and I like having a voice in those decisions. So it is not surprising to anyone who knows me well that I now serve as the Secretary for the Board and Executive Committee here at CBI. I love our community, however there is always room for improvement. I would especially like to see better inreach to our current membership to help people get better connected with each other. I am always open for conversation or tea, if anyone has ideas or just wants to talk.

## 2021 CBI Ritual Committee Report



This year, we were excited to welcome Rabbi Levine as our new spiritual leader, after a challenging search during the pandemic. He jumped in feet first with High Holiday planning and has introduced some new initiatives, in particular the Shabbat breakfast study program, which has proven very popular so far.

We've had a successful return to in-person Shabbat morning services and kiddush lunches. At this point, we're starting to discuss the future of services on Zoom and Friday night services in particular. Early in the pandemic, participation in our Zoom services was very robust, but attendance has dwindled significantly. We'd be interested in your feedback.

We are starting to plan next year's High Holiday services and have convened a task force to explore creative ways to make our services more meaningful. This past year we were hampered by a very late start in searching for a cantor, but we expect to start much sooner this year, and we anticipate a great result.

As always, the Ritual Committee encourages your participation. If you are interested in leading services, reading Torah or chanting Haftarah, please reach out — we always have openings. We're also looking to add members to the committee, so if you attend services and would like to help direct the future of worship at CBI, please let us know. Eva will be stepping down as Ritual Committee chair next June.

Respectfully submitted, Eva Blinder

## **CBI'S SOCIAL ACTION COMMITTEE SUPPORTS THE EFFORTS OF**



*Do not oppress the hired laborer who is poor and needy, whether he is one of your people or one of the sojourners in your land within your gates. —Deuteronomy 24:14*

On December 11 of last year, CBI joined other congregations throughout North America in observing Human Rights Shabbat 2021. Jay Jacoby offered a *d'var Torah* on the weekly *parsha*, Vayigash, in which he discussed Joseph's agricultural reforms in light of problems facing farmworkers today. For the past 10 years, those problems have been the concern of T'ruah, a network of 2,000 rabbis, and cantors, together with their communities, who bring Jewish values to life through strategic and meaningful action.

Since 2001, T'ruah and the Coalition of Immokalee Workers, the Florida farmworkers who are transforming human rights in American agriculture, have partnered to implement a Fair Food Program, which

- has led to over \$36 million in premiums being paid directly to farmworkers;
- reached over 72,000 workers in on-the-clock peer education sessions;
- guaranteed health and safety protections in the fields
- guaranteed zero tolerance for worker exploitation or sexual assault;
- prevented modern slavery operations.

We're happy to report that our congregation has supported this Rabbinic Call for Human Rights (local representatives offered a program at CBI several years ago) and that we continue to support them in their effort to ensure humane wages and working conditions for tens of thousands of workers on participating farms in eight states.

To access more information about T'ruah and how you can support its programs, go to <https://truah.org/about/>.

*Cry aloud; do not be silent. Lift up your voice like a shofar. — Isaiah 58:1*

Jay and Marlene Jacoby, Committee Co-Chairs

CBI's Friday Noon Study Group is exploring

בְּרֵאשִׁית

# The Book of GENESIS

The first of the five books of Moses, Genesis ("Origins") is viewed in Judeo-Christian traditions as an account of the creation of the world, the early history of humanity, Israel's ancestors, and the origins of the Jewish people. Its Hebrew name is the same as its first word, *Bereshit* ("In the beginning"). Genesis is filled with wonderful—and problematic—stories: Adam and Eve, Cain and Abel, Noah and the Great Flood, the Patriarchs and Matriarchs, and Joseph and his brothers.

At CBI, and in synagogues around the world, Jews, whom a rabbi once called participants in the oldest book club in the world, once again began their annual *Torah* cycle with the reading of the first chapters of Genesis on October 2. Our weekly discussion group began examining these opening chapters on October 8. It has been several years since our Friday Noon Study Group has read Genesis together and we look forward to the insights and questions all the chapters of the Book of Genesis will bring forward.

Our group meets via Zoom every Friday from 12-1. Check the CBI web page for a link. All are welcome to join us, regardless of their level of expertise. Please bring whatever copy of the Bible you might have (the more different translations the livelier the discussion). If you have questions, please contact Jay Jacoby at [jjacoby@uncc.edu](mailto:jjacoby@uncc.edu).



# Our Gift Shop

## Regular Gift Shop Hours: Fridays, 12 to 3

- - Outside of these regular hours, Rochelle and Lee may be available to assist you to make purchases from the shop. Alternatively, please don't hesitate to call Carol Samsky at (828)676-0765 to arrange a convenient time to open the shop or request a special order.

When was the last time you visited our gem of a store? Yes, it is hidden in the back of the lobby area, but it is worth the short trek to discover new Judaica items that Guild and member artists have produced. Our inventory will be changing now that Hanukkah has slipped away and the secular New Year has begun. Check us out and please bring your friends. Our prices are incredible because we are able to pass on the savings of no overhead and volunteer staffing.

Your purchase takes on special significance when you know that you are supporting local artists, and most importantly, CBI.

## Ongoing CBI Events

### Torah on Tap at the CBI Firepit A Lively Group Discussion

On the last Sunday of the month from 4- 5:30 pm., Torah on Tap, a lively group discussion is meeting at the CBI Firepit. In case of inclement weather, we'll meet inside. You are welcome to bring a lawn chair, snack or meal, and a beverage of your choice.

### Parsha discussion with Justin

Once a month following services and lunch, join your CBI family and Justin Goldstein in a deep dive into the week's *parsha*. Come for lunch and stay for the discussion, or spend the day celebrating Shabbat with services, lunch and discussion. Check the weekly bulletin for the January discussion.

### Social Action Volunteer Opportunities

**Help serving dinner at the Western Carolina Rescue Mission** on the third Tuesday of the month from 4:00 pm to 5:30 pm. The Rescue Mission is located at 225 Patton Avenue, Asheville. Contact Alan Escovitz [aescovitz@charter.net](mailto:aescovitz@charter.net).  
**Help with our involvement with Room In the Inn.** Contact Jan Zollars [warreallysucks@yahoo.com](mailto:warreallysucks@yahoo.com).

**All COVID-19 precautions are observed in these activities.**

## Our Madrichim Help You Create Personal and Meaningful Programs at CBI

At its core, the CBI Madrichim initiative is designed to engage **each and every member** on a personal level; **empower each of us** to create the Jewish experiences that are meaningful for us; and, in doing so, **enhance our potential** for authentic Jewish expression. Success is when we realize that we benefit as much by supporting another's personal journey as we do from the program itself. What is your passion or interest: a class, a club, a social action program, a fundraiser, a *tikkun olam* project, a social event? Think about it. Then contact one of the folks below and let us help you make it happen!

### CBI Madrichim

Robert Marcus  
Alan Silverman

Sally Gooze  
Mike Weizman

Caren Kessler

### Editor's Note

Deadline: 14 January for the February issue  
14 February for the March issue

Lee Avishai will guest edit the March issue as your regular editor is on vacation. For questions or submissions contact the editor at [hashofar@bethisraelinc.org](mailto:hashofar@bethisraelinc.org)



<https://www.facebook.com/>

## 2021 CBI Security Committee Report

The Security Committee is now required to work through a 3<sup>rd</sup> party management company to schedule off-duty Asheville Police.

Thanks to Rochelle, CBI received a \$139K grant from the US Department of Homeland Security/FEMA grant covering:

- Cameras (Outdoor perimeter and interior viewing)
- Hiring off-duty APD officers
- 3M security protective window film
- Rear parking lot gate
- Interior door locks for 4 interior lock-down rooms

Worked with the Secure Community Network (see page 9) to provide two regional community training programs (April)

- Situational Awareness Training (techniques for observing and reporting suspicious behavior)
- Counter Active Threat Training (preparing and responding to an active threat incident).

Developed a collaborative agreement with the Secure Community Network to deliver a series of monthly training programs starting in January - May 2022.

Volunteer congregants are needed to serve as greeters/security observers for the annual High Holidays and Shabbat services. Contact Alan Escovitz.



The **Secure Community Network\***, in cooperation with the **WNC Jewish Security Task Force**, is pleased to announce a series of security and safety training program modules scheduled twice a month during **January – May 2022** from **7:00-8:30pm**. The online Zoom training sessions are being offered to our WNC Jewish communities at no cost with advance registration required. (Please ignore the 6:00pm Central Time reference at the course sign-up website). The series is being funded with a grant from the **Jewish Federation of WNC**.

The training modules below have accompanying links for registration and will provide you with a Zoom viewing link via email upon receipt of your registration. The Secure Community Network will also provide participants a downloadable certificate with the course name and the SCN logo affixed.

**Registration should be done by each individual in the household to enable everyone to receive a certificate of completion, even if you will be viewing on the same computer**

- |                |   |
|----------------|---|
| Tues., Jan. 18 | <b>Situational Awareness (Repeated Apr. 19<sup>th</sup>)</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZlocuiugzwqGNVnu2kf2K3a1TFoxo4LKn3y">https://securecommunitynetwork-org.zoom.us/meeting/register/tZlocuiugzwqGNVnu2kf2K3a1TFoxo4LKn3y</a>             |
| Wed., Jan 26   | <b>Countering Active Threat Training (Repeated Apr. 27<sup>th</sup>)</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZllc-mspjlqEtXsnYx7Ry3Olf-AInSJPOGK">https://securecommunitynetwork-org.zoom.us/meeting/register/tZllc-mspjlqEtXsnYx7Ry3Olf-AInSJPOGK</a> |
| Tues., Feb. 15 | <b>Stop the Bleed (Repeated on Feb. 23<sup>rd</sup>)</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZMsdOGsqD8jHdloe0eaWmvRI4zaQGf0ffqB">https://securecommunitynetwork-org.zoom.us/meeting/register/tZMsdOGsqD8jHdloe0eaWmvRI4zaQGf0ffqB</a>                 |
| Wed., Feb. 23  | <b>Stop the Bleed</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZ0lf--rrD4rHdBgJXoe_gjqcylQBeeVsQKw">https://securecommunitynetwork-org.zoom.us/meeting/register/tZ0lf--rrD4rHdBgJXoe_gjqcylQBeeVsQKw</a>  |
| Tues., Mar. 15 | <b>Safety and Security Team, Part 1 (Repeated May 17<sup>th</sup>)</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZYkcuilhqz8rGdzh0noBKFD4tVhXE1swXrdJ">https://securecommunitynetwork-org.zoom.us/meeting/register/tZYkcuilhqz8rGdzh0noBKFD4tVhXE1swXrdJ</a> |
| Wed., Mar. 23  | <b>Safety and Security Team, Part 2 (Repeated May 25<sup>th</sup>)</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZYtceuqqD4oHNaOJEah1bCBdt0AGmBuqkl">https://securecommunitynetwork-org.zoom.us/meeting/register/tZYtceuqqD4oHNaOJEah1bCBdt0AGmBuqkl</a>     |
| Tues., Apr. 19 | <b>Situational Awareness</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZltdurTkve9HtANFYSKyOEUMtxP_2fZKF">https://securecommunitynetwork-org.zoom.us/meeting/register/tZltdurTkve9HtANFYSKyOEUMtxP_2fZKF</a>   |
| Wed., Apr. 27  | <b>Countering Active Threat Training</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZ0vdO-urD0tG9GGqbVNIotbcyn4_MnkbIJk">https://securecommunitynetwork-org.zoom.us/meeting/register/tZ0vdO-urD0tG9GGqbVNIotbcyn4_MnkbIJk</a>                                 |
| Tues., May 17  | <b>Safety and Security Team, Part 1</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZwode6upj4tGtP554-yJR7jxssUpXZZ3WGH">https://securecommunitynetwork-org.zoom.us/meeting/register/tZwode6upj4tGtP554-yJR7jxssUpXZZ3WGH</a>                                  |
| Wed., May 25   | <b>Safety and Security Team, Part 2</b><br><a href="https://securecommunitynetwork-org.zoom.us/meeting/register/tZYocuitpjoshddEUNYlwdqlhnguONCXnS8B">https://securecommunitynetwork-org.zoom.us/meeting/register/tZYocuitpjoshddEUNYlwdqlhnguONCXnS8B</a>                                  |

\*The Secure Community Network (SCN), a nonprofit 501(c)(3) organization, is the official homeland security and safety initiative of the organized Jewish community in North America. It was founded in 2004 under the auspices of The Jewish Federations of North America. SCN provides timely, credible threat and incident information to both law enforcement and community partners, serves as the community's formal liaison with federal law enforcement, and coordinates closely with state and local law enforcement partners. SCN works with communities and partners across North America to develop and implement strategic frameworks that enhance safety and security of the Jewish people, developing best practice policies and procedures, undertaking threat and vulnerability assessments, coordinating training and education, offering consultation on safety and security matters and providing crisis management support during critical incidents..

## CBI Virtual Office

If you would like to pay your dues or make a donation, you can do it quickly and securely online through CBI's Virtual Office on the CBI website. You can use ACH, your credit card or debit card, and save yourself a stamp or a trip to CBI.



To Donate  
click here

Just go to CBI's home page at <https://www.bethisraelinc.org/> and click on CBI Virtual Office in the top bar <https://www.bethisraelinc.org/cbi-virtual-office/>

If you are making a donation or ticket payment, please fill in the memo line so that we can allocate it correctly. Thank you for supporting CBI!

Click on the donate button at the left to pay your dues, make a contribution, pay your Annual Appeal Pledge or pay for your Ingles cards. This simple Web Check system is a direct debit to your checking account and allows you to send a message to the CBI office along with your payment. No need to write checks or make special trips to the office.

### Support Your Shul and Its Congregants!

Ingles cards are a no-cost fundraiser for Beth Israel. Each month CBI members and friends buy \$8,000 worth of Ingles gift cards to help raise \$400 for Beth Israel – over \$4,800 annually. Ingles gift cards can be used at any Ingles store for groceries, pharmacy items and gasoline. Sign up now to receive your Ingles cards automatically each month. The office also keeps an inventory of Ingles cards for immediate purchase. Contact the CBI office to get more information and/or to participate at 828-252-8660 or [admin@bethisraelinc.org](mailto:admin@bethisraelinc.org).



The **ingles**  
ADVANTAGE™

### Your Amazon Purchases Can Help Support Beth Israel

Your Amazon purchases can help support Beth Israel. Amazon Smile donates 1% of your purchases to CBI at no cost to you. Just visit <https://smile.amazon.com> and select Congregation Beth Israel, then shop as you regularly would. If you are a regular Amazon shopper, you can bookmark this website so as to find it easily every time you shop.



### For Information about Burial Plots at Lou Pollock Memorial Park

Please call Josh Tager if you need any further information:  
[joshlager@gmail.com](mailto:joshlager@gmail.com) or 828 285-9995

Current Rates: \$1500 for members of Beth Israel Synagogue.  
\$2000 for Non-members.

## Support Your Shul and Its Congregants!

# Active Donor Directed Funds

For those members of CBI who would like to direct their financial support toward a specific area within CBI, these are the active donor directed funds. You are encouraged to support the **General Fund** with your donations, allowing the Board of Directors the discretion to direct this support toward areas of the most need.

**\*\* These funds are very active and in the most need of regular contributions.**

♥\*\* **Spiritual Life Fund** – Support of spiritual life programs and needs

♥\*\* **Social Action Fund** – Funds CBI's social action projects

♥\*\* **Chesed/Tzedakah Fund** – Supports the Bereavement Committee and other Chesed related activities

♥\*\* **Ted Liebowitz Children's Fund** – Provides scholarships for Bet Sefer students and supports Bet Sefer expenses

♥\*\* **Toby Cohen Minyan Katan and Junior Congregation Fund**

♥\*\* **Family Education Fund** – Supports family education programming

♥ **Shorashim Teen Program Fund** – Supports CBI teen programs

♥ \*\* **Bernard Coleman Adult Ed Fund**

♥ **Website/Computer/Tech Fund**

♥ **Cemetery Committee Fund** – Supports maintenance of CBI's Lou Pollock Cemetery

♥ **Chevra Kadisha Fund** – Supports efforts toward preparing the body of the departed for Jewish burial.

♥\*\* **Rabbi Discretionary Fund** – Supports needs or causes the Rabbi chooses to support

♥\*\* **Executive Director's Discretionary Fund** – Supports needs of the shul/ community that were not budgeted for

# October-November לדור ודור

### General Fund

*Carol Cohen:* in memory of Marvin Levy  
*Adrienne Kort & Alan Kirsch:* in honor of the birth of Neel Shalom Shukla  
*Lee Avishai:* wishing *refuah shleimah* to Shirley Kayne  
*Gerard & Thelma Uhler:* in honor of Moris Uhler's birthday  
*Margaret Teich & Shuchin Shukla:* in honor of Josh Gettinger for performing their son's *brit milah*  
*Lee Avishai:* wishing *refuah shleimah* to Karen Marcus  
*Marta & Jimmy Metscher:* in memory of Esther & Burnerd Horwitz  
*Kenneth Hunter:* in honor of William & Barbara Lewin  
*David & Carolyn Karesh*  
*Frances Hunter:* in honor of William & Barbara Lewin

### Yahrzeit Fund

*Gerard & Thelma Uhler:* in memory of Rose Cohen  
*David & Sharon Boas:* in memory of David's sister, Carol Boas  
*Michael & Michele Heller:* in memory of Michele's father, Alvin Ross  
*Michael & Michele Heller:* in memory of Michele's mother, Adele Ross  
*Davida Horwitz:* in memory of her grandmother, Martha Jacobson  
*Irvin & Vivien Saron:* in memory of Vivien's mother, Yettie Erling  
*Gerard & Thelma Uhler:* in memory of Thelma's grandmother, Ida Sherman

### Lou Pollock Cemetery Fund

*Bill & Jo Golson*

### Chesed Fund

*Karen & Robert Marcus:* in appreciation of Chesed's work  
*Daniel T. Gross*

### Hanukkah Fund

*Davida Horwitz:* in appreciation of Rochelle Reich creating the Pop-up Hanukkiot Museum

### Rabbi's Discretionary Fund

*Ira & Sheila Naiman:* in appreciation of the Rabbi's Lunch & Learn  
*Robert & Rona Resnick*

### Pay Down the CBI Mortgage Fund

*Bob & Carol Deutsch*

### Social Action Fund

*Hank & Kim Teich:* in honor of the birth of Neel Shalom Shukla  
*Rick & Laurie Chess:* in honor of Josh Gettinger in appreciation of Neel Shukla's bris

### Kol Nidre Donations

*Robert Feirstein*  
*Hannah & Paul Kirschenfeld*



#### JANUARY BIRTHDAYS

01 Barbara Miller  
02 Jacob Kulick  
04 David Kulick  
Perry Dror  
06 Barbara Michalove  
07 Joshua Tager  
Nathaniel Kaufman  
08 Marilyn Miller  
Naviyah Goldstein  
09 Brian Stone  
12 Barbara Lewin  
Mark Boyd

13 Hal Lewis  
14 Marilyn Friedman  
16 Janet Harnash  
17 Richard Nielsen  
18 Carey Harnash  
21 Marc Penansky  
29 Judy Gross  
31 Bill Golson

#### JANUARY ANNIVERSARIES

24 Perry & Haviva Dror

#### **Refuah Shleimah**

To Shirley Kayne, Karen Marcus, Patti Haskell, Jerry Uhler, Thelma Uhler, Julie Sherman, Devorah Reed

#### **Thank You!**

To CBI member Jonathan Friedel for teaching Beginners Bridge classes at CBI.

#### **Walter Ziffer and Gail Rosenthal would like the congregation to share with them in some personal kvelling:**

Walter's recent essay, *Sinners or Saviors: A personal perspective on surviving the Holocaust* has now been published in an important and beautiful volume by Routledge Publishers (London and New York). Its title is "*The Routledge Handbook of Religion, Mass Atrocity, and Genocide*. The book is an anthology of essays by 39 authors dealing with the subjects in its title. Containing just under 500 pages the volume sells for (please sit down for your safety before reading on!)... \$ 250.00. Any interested buyers?

The second modest kvell contains the news that the manager of our local grand hotel, the Grove Park Inn, decided to include in the hotel's wing honoring local authors, our own Walter Ziffer, by having his framed photograph hung there. Mr. Froeba's decision was made after having read Walter's latest book and personal memoir *Confronting the Silence: A Holocaust Survivor's Search for God*. The book is now available from the Grove Park Inn's and Beth Israel's gift shops and, of course, from Amazon and other book stores.

#### **Brunch b'Yachad Virtual**

Join us for a joint JCC/CBI program *Brunch B'yachad Virtual*. Fridays at 10:30 am. The format for the hour will be some facilitated socializing followed by a discussion through the Jewish lens of a relevant topic or current event. Past topics have included optimism in the face of adversity, civil discourse, Jewish identity and anti-Semitism.







# יזכור

## Yahrzeits

May their memories be for a blessing

*Announced during services on:*

### **December 31 & January 1**

01 (28 Tevet)	Rochelle Neuringer for her brother-in-law, Kurt Terhoch
01 (28 Tevet)	Carol Cohen for her mother-in-law, Esther Cohen
02 (29 Tevet)	Eileen Elkin for her grandmother, Anita Grossman
02 (29 Tevet)	Janice Brock for her mother, Gishie B. Bloomfield
02 (29 Tevet)	Ileana Grams-Moog for her father, Armand Jacoubovitch
03 (01 Shevat)	Lauren Malinoff for her stepmother, Carole Malinoff
04 (02 Shevat)	Marc Rudow for his mother, Miriam Rudow
04 (02 Shevat)	Hal Lewis for his mother, Arlene J. Lewis
05 (03 Shevat)	Rhona Reagen for her father, Philip Raffe
05 (03 Shevat)	Alan Baumgarten for his uncle, Heinz Friedmann
05 (03 Shevat)	Eileen Elkin for her father, Raymond Greene
05 (03 Shevat)	Nathalie Rudy for her father, Rabbi Samuel Rudy
07 (05 Shevat)	Lauren Malinoff for her great aunt, Bess M. Saul
07 (05 Shevat)	Susan Lerner for her father, Charles Kimmel
07 (05 Shevat)	Gail Shulimson for her uncle, Edward Shulimson

### **January 8**

08 (06 Shevat)	Steve Miller for his grandfather, Samuel Miller
08 (06 Shevat)	Eleanore Fisher for her husband, Lowell Fisher
11 (09 Shevat)	Marv Goldstein for his father, Hyman Goldstein
11 (09 Shevat)	Neal Appel for his brother, Clifford L. Appel
11 (09 Shevat)	Walter Ziffer for his sister, Edith Altman
12 (10 Shevat)	Sara Yakira for her father, Rabbi Joseph Heckelman
13 (11 Shevat)	Barbara Lewin for her grandfather, Abraham Blick
14 (12 Shevat)	Jillian Krupp for her grandfather, Alan Krupp
14 (12 Shevat)	Michael Heller for his father, Joseph A. Heller

### **January 14 & 15**

17 (15 Shevat)	Lauren Malinoff for her father, Allen Malinoff
18 (16 Shevat)	Richard Nielsen for his aunt, Gladys K. Dorsey
18 (16 Shevat)	Bob Deutsch for his grandmother, Ruth Albert
18 (16 Shevat)	Shirley Kayne for her mother, Sarah Farkas
20 (18 Shevat)	Alan Baumgarten for his father, Henry Baumgarten
20 (18 Shevat)	Gerard Uhler for his sister, Cornelia Uhler
21 (19 Shevat)	Alan Friedman for his father, Harry Friedman
21 (19 Shevat)	Jeremy Lerner for his mother, Elizabeth Ivy Lerner



# יזכור

## Yahrzeits

May their memories be for a blessing

*Announced during services on:*

### January 22

22 (20 Shevat)	Norman Katzwer for his father, Benjamin Katzwer
24 (22 Shevat)	Richard Nielsen for his father, Ivan Nielsen
25 (23 Shevat)	Gail Shulimson for her grandmother, Rose Weintraub
25 (23 Shevat)	Sondra Slosman for her mother, Irene Leah Kalfin
26 (24 Shevat)	Susan Lerner for her aunt, Frances Gross Berg
26 (24 Shevat)	Jodi Travis for her father, Larry Travis
27 (25 Shevat)	Carol Deutsch for her father, Gerald H. Cohen
28 (26 Shevat)	Shirley Kayne for her father, Simon Farkas

### January 28 & 29

29 (27 Shevat)	Elyse Meltz for her father, Hyman Meltz
29 (27 Shevat)	Alan Silverman for his grandmother, Miriam Lewitt
29 (27 Shevat)	Jo Ann Myers for her aunt, Zelda Almond
29 (27 Shevat)	Carol Cohen for her father-in-law, Joseph Cohen
30 (28 Shevat)	Rochelle Neuringer for her sister, Pearl Terhoch
31 (29 Shevat)	Jay Jacoby for his mother, Esther Jacoby

### Kiddush Breakfast and Learn with Rabbi Mitch

**Saturday January 8, 9:30am**

Come for some breakfast and learning with Rabbi Mitch followed by Shabbat services at 10:30am.

Topic: From Clan of Jacob to Nation of Israel

### Lunch and Learn with Rabbi Mitch

**Thursday January 20, 12-1pm**

Join your friends with your own vegetarian bagged lunch (lunch boxes are totally acceptable too!) for insightful discussion and learning with each other and Rabbi Mitch, Continuing the topic of The Invention of Judaism.

## Membership Renewal

### REMINDER

Thank you to all of you who have renewed already for the 21-22 year that began in July. We've heard from many of you that you hadn't received membership renewal requests so we are putting one here as hopefully one more place that it may be seen. Not sure if you've renewed yet? Please contact the office and we'll look it up for you. Also, if you haven't received a statement lately, that is a good indicator that you haven't renewed yet. Please remember that membership support is our core revenue source and your commitment is vitally important.

## OK - by a show of hands, how many of us have Ashkenazi Jewish heritage?

Anyone with even a distant relative who was an Ashkenazi Jew has a 1 in 40 chance of carrying the mutated BRCA 1/2 gene. BRCA1/2 mutations are rare in the general population. In the U.S., about 1 in 400 people (non-Ashkenazi Jews) have a BRCA1/2 mutation. This mutated gene is associated with an extremely high incidence of breast cancer, colon cancer, and melanoma in both men and women, in addition to other types of cancer.

You can be a carrier for the gene mutation with absolutely no medical consequence. However, if you've got it, you can pass that mutated gene to your children and grandchildren. That child or grandchild is now at significantly increased risk for developing breast cancer, etc.

Exactly how high is the risk to that child or grandchild who now carries the mutated gene?

By age 70, the chance of developing breast cancer is

55-65 percent for women who have a *BRCA1* gene mutation

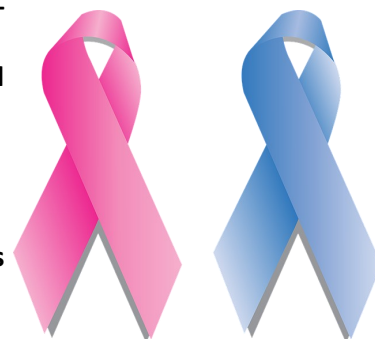
45-55 percent for women who have a *BRCA2* gene mutation

7 percent for women in the general population. (Lifetime risk of breast cancer is 12 percent.)

This means, by age 70:

In a group of 100 women with a *BRCA1/2* mutation, 45-65 will get breast cancer

In a group of 100 women without a *BRCA1/2* mutation, about 7 will get breast cancer.



The gift you give to your family is to obtain genetic testing so they can have information about their own genetic makeup. Knowledge is power, and we want our children to have all of the facts.

A recent article from Kveller.com, an online magazine for Jewish parents, lists resources to obtain genetic testing and is copied below, with their permission:

\*\*\*\*\*  
All Ashkenazi Jews (male and female!) should get tested. The National Comprehensive Cancer Network and the federal government agree — both have recently updated guidelines recommending that BRCA testing be considered for anyone of Ashkenazi Jewish ancestry, regardless of family history of cancer.

These days, insurance companies are more likely to cover testing. But what if yours won't pay? What if your doctor has never brought up testing or even asked about your heritage? Worse, what if he or she won't take you seriously when you bring it up? Or what if you just want the test done quickly and easily?

Fortunately, lots of affordable — and even free! — options exist if you're looking for them.

These range from genetic counseling to at-home consumer testing and more. Each option has pros and cons, but all are relatively affordable and easily accessible. Read on for more details.

### 1. Participate in a study.

Depending on your location and family history, you can enroll online in one of these studies that offer **free** BRCA testing. All are open to both men and women.

#### **BFOR Study**

This free study is available in four major metropolitan areas: New York City (which includes all of New Jersey), Boston, Philadelphia, and Los Angeles.

BFOR is a partnership of several well-known academic cancer centers and enrolls participants with at least one Ashkenazi Jewish grandparent to test for the three BRCA founder mutations. **People with or without a known familial BRCA mutation or family history of cancer** can sign up online, be tested at no cost by Quest Diagnostics, and receive results from either their primary care physicians or BFOR genetic counselors.

The BFOR study aims to enroll 400,000 people in its next phase and will likely have national and even international reach. So, if you are outside of one of the geographical areas it covers right now, sign up online for updates.

- **All of Us Study** a study initiated by the National Institutes of Health, implemented by Vanderbilt University.

The *BRCA1* and *BRCA2* genes will be analyzed as part of the health-related results that *All of Us* will begin returning to participants next year. If you opt into receiving your health-related DNA results, your report will indicate whether you have any genetic differences (also called mutations) in the *BRCA1/2* genes, as well as in some other genes that can increase a person's risk for cancer, heart disease, and some other specific health conditions. <https://allofus.nih.gov>

## 2. Connect with a non-profit.

[Yodeah](#) (which means “to know” in Hebrew) is an all-volunteer organization headed by Dr. Elizabeth Etkin-Kramer, a gynecologist who feels strongly about Ashkenazi Jewish BRCA population testing. “We can educate all we want about the 1 in 40 risk,” she says, “but unless we’re actually doing the testing we’re not doing our job.”

Etkin-Kramer’s philanthropically-funded organization offers Jews nationwide the opportunity to have a 30-gene panel at-home saliva test (which includes BRCA and other cancer-causing mutations) for \$149. To get the test kit, visit [Yodeah’s website](#).

## 3. Order a “Direct-to-Consumer” test, but think carefully about which one.

Direct-to-Consumer (DTC) tests are now readily available to the health-savvy public. They have the advantage of making BRCA testing private, easy, and relatively affordable. They also “cut out the middleman,” meaning there’s no need to involve your doctor. However, not all DTC tests are the same! Here’s how to tell them apart.

[23andMe](#) “Ancestry and Health” service

This test costs about \$200, and its BRCA testing is controversial for several reasons. First, it only tests for the three founder mutations, which, while applicable to most Ashkenazi Jews, isn’t fully comprehensive. If you’re not aware of its limits, a negative result might provide a false sense of security. In addition, the test touts itself as being FDA-approved — but that’s only because no physicians are involved, which opens it up to regulation. 23andMe also specifically instructs customers not to use the results for medical decisions and to repeat testing in a clinical setting.

**Physician-mediated DTC tests, such as [Color Genomics](#) and [Invitae](#)**

These cost about \$250. Physicians are involved, but they never meet the patients. The pros of these kinds of tests are that they’ve been proven highly reliable, and they look for many [BRCA mutations](#), not just the founder mutations, as well as mutations of other genes known to cause breast and ovarian cancer (and other cancers and health conditions). They’re comprehensive and remove many barriers to testing — there’s no need to ask your doctor or deal with your insurance company.

The downside is that because no known healthcare provider is involved, customers might not be sure how to proceed with a positive result, although genetic counseling is included with the service. If you decide to test this way, be sure to share your results with a trusted healthcare professional. And, look for specials — testing can be cheaper (\$50 with Color) if you have a known mutation in your family, or during October (Breast Cancer Awareness Month).

Not recommended: Uploading genealogical results to a third-party database.

The least recommended kind of consumer testing involves taking the raw DNA data from a kit such as 23andMe or Ancestry and updating it to a database that provides the genetic health information component for a fee (some as low as \$5-10, others between \$50-100). Almost no one in the BRCA community recommends doing this. As Stopfer from Dana Farber notes, “This approach has been proven to be fraught with error, with individuals being told they have inherited cancer conditions they do not.” Buyer beware here.

## 4. Find a genetic counselor.

Unsure about the best way to test or feeling nervous about the process? Finding a certified genetic counselor to help you navigate your options is *always* a great first step. Genetic counseling is often covered by insurance, and counselors keep pace of updates in the fast-moving field of genetics that might not yet be common knowledge. Plus, these professionals have the breadth of knowledge and experience to help you evaluate your hereditary cancer risk, navigate the world of testing, and interpret the true risk involved in a positive result.

The National Society of Genetic Counselors has a [Find A Genetic Counselor tool](#), which allows you to easily search for a counselor nationwide and by speciality. And [Sharsheret](#), a non-profit which supports Jewish women and families living with or at increased genetic risk for breast or ovarian cancer, offers free genetic counseling to Jewish families over the phone and can help guide the decision-making process around testing and test results. They also provide crucial peer support for those who test positive.



*This information is provided as a service to the CBI community. For questions or comments, please contact Helene Nathanson [helene.asheville@gmail.com](mailto:helene.asheville@gmail.com)*



# Community News

*In the interest of civil dialog and inclusivity, this information is provided as a service to the CBI community.*

*The views of these organizations may or may not reflect the views of CBI or its members.*

**Happenings in the Asheville Jewish Community** – [www.jcwnc.org](http://www.jcwnc.org) is your gateway into all the amazing and wonderful organizations and activities that you can explore.

**The Asheville Jewish Community Center** strengthens Jewish identity, celebrates Jewish culture, and builds inclusive community through a wide variety of social, educational, cultural, and wellness programs for people from all backgrounds at every stage of life. For more information [www.jcc-asheville.org](http://www.jcc-asheville.org).

**Jewish Family Services (JFS)** provides unique and integrated services that will engage you in identifying your needs, strengths and goals. We offer support for our aging community members through our unique Elder Club Group Respite Program; sliding-scale mental health services through Healing Solutions counseling; case management; crisis services and spiritual care and healing services. We offer a variety of volunteer opportunities, too! Reach out to [Cindy@jfswn.org](mailto:Cindy@jfswn.org) to learn more!

**Jewish Community Relations Council of the Greater Asheville Area** – Our Mission – The Jewish Community Relations Council (JCRC), in keeping with the traditional Jewish mandates to pursue justice and to repair the world, builds bridges of understanding and communication within our Jewish community and beyond to the general community. We work within the Jewish and broader communities in the greater Asheville area to enhance cooperation with other religious, racial, ethnic and civic groups and to foster a just, democratic and pluralistic society. Whether advocating for students, teachers and staff with local schools and universities, meeting with government officials, collaborating in interfaith initiatives, responding to issues of anti-Semitism, or combatting all forms of racial and ethnic hatred and prejudice, the JCRC assists our community in this pursuit for justice.

**Carolina Jews for Justice** is a statewide organization devoted to pursuing social justice from a Jewish perspective in the areas of racial equity, fighting poverty, opposing anti-Semitism and other forms of hatred (including anti-Muslim and anti-LGBTQ discrimination), working on a non-partisan basis for increased voter engagement and fair redistricting, and advocating for sensible and humane immigration policies, among others. Please visit its website at <https://www.carolinajewsforjustice.org> to learn more. We are committed to being a dependable source of support, education, advocacy, and action. We have a WNC chapter, [CJJ/West](#), and a CJJ/West [Facebook page](#), and we would welcome your involvement.

## **Happy New (Secular) Year from Carolina Jews for Justice/West**

“As one-year ends, another begins; it gives us the opportunity to reflect on the past and look forward to new challenges and opportunities,” says CJJ/West Steering Committee member, Frank Goldsmith.

One such opportunity for CJJ/West is to welcome our newest staff member, Lisa Kuperman Forehand. Lisa will serve as a Community Organizer based in Western North Carolina.

A longtime resident of Asheville, Lisa has devoted more than 30 years to advocating for positive change. She and her husband of 28 years cherish time with their daughter Rachel, 20, son Alex, 15, and two aging dogs. They’re avid international travelers and enjoy off the beaten track hiking in our local mountains.

She recently sat down with us for a chat about her new role at CJJ/West:

*I was raised culturally Jewish but only made my way back to a synagogue as a teen. Hence, my Jewish ritual timeline is a bit off – I was Confirmed before I had my Bat Mitzvah on Masada in Israel at 16. In my adult years, I have crafted my own theological beliefs and practices from an assortment of world religions, including Judaism.*

*I first learned about Carolina Jews for Justice when I randomly attended a webinar that CJJ sponsored on redistricting. From there, I became a leader for CJJ’s Antisemitism Listening Project. My love of the staff and its work continues to grow. The 2016 election was a wake-up call for me – realizing that I could not take anything for granted and that I needed to be part of the change I wanted to see. I like to say that I am “awake now” and cannot see myself going back to sleep on social justice issues.*

## Community News Continued

*Having been a chaplain before coming to CJJ, I value listening as one of the most effective tools in my toolbox. I want to listen to where CJJ/West has been and hear about its dreams for the future. I see my role as being a liaison between local and statewide efforts, supporting the important work of the chapter and facilitating ways for us all to grow the progressive Jewish voice in WNC. **We can do this important work and have fun at the same time.***

### Opportunities for Community involvement

Now is a good time to think about your goals, intentions, and possibilities for the year ahead. Maybe something in this message will inspire you to act. *We welcome your involvement.* For additional opportunities please visit our website, [carolinajewsforjustice.org](http://carolinajewsforjustice.org), to learn more.

**Antisemitism Listening Project:** Over the past two years, CJJ has hosted several retreats and workshops about the relationship between antisemitism, racism, and white nationalism. To expand on this work, we have begun a statewide listening tour focused on developing a better understanding of how North Carolina's Jewish community experiences, understands, and relates to antisemitism. For more information, and to stay informed about the project, including when circles are taking place, contact Lisa Forehand directly at [Lisa@carolinajewsforjustice.org](mailto:Lisa@carolinajewsforjustice.org).

**Restoration of the Anderson Rosenwald School:** We are working with a coalition of partners involved in the restoration of the Anderson Rosenwald School, the only remaining intact school of its kind in Western North Carolina. Rosenwald Schools were built across the South between the years 1912 and 1932 by Jewish philanthropist Julius Rosenwald, CEO of Sears Roebuck, for the education of African-American children. The Mars Hill Anderson Rosenwald School, built in the late 1920s, was one of more than 5,300 built in 15 states. Like many other Rosenwald Schools across the country, the one-room building fell into disrepair. For more information on this restoration project contact: **Peretz Cohn** at [peretz.cohn@gmail.com](mailto:peretz.cohn@gmail.com).

**Don't Kvetch, Organize!** CJJ is sponsoring online training through [JOIN for Justice](http://JOINforJustice.org), the Jewish organizing institute. Participants will learn skills for social justice and community organizing and how they relate to Jewish traditions and values. The course is from 6:00 to 7:30 p.m. on February 15, 22, March 1, 8, 15, 22, and 29. CJJ is subsidizing the cost of the program (and will pay the entire cost for those who cannot afford even the reduced CJJ rate). Here's a [link](#) to the CJJ sign-up page.

**The Government Accountability Project.** To effectively encourage local government toward racial justice, advocacy groups and the public need timely information on policy decisions that are in the works in both the city and county governments. We're excited to announce a new initiative that the Racial Justice Coalition/RJC is launching with community allies: the Government Accountability Project (GAP). Key findings on the most urgent matters making their way through the political process will be shared once a week (or more) on the [GAP website](#), with ways to take action and advocate for racial justice. You can sign up now to be a "committee watcher" at [this link](#). To stay up to date visit the website and/or [subscribe](#) to receive weekly updates.

For more information about Carolina Jews for Justice and the CJJ/West chapter, contact Frank Goldsmith at [goldsmith.cf@gmail.com](mailto:goldsmith.cf@gmail.com) or Judy Leavitt at [judleavitt76@gmail.com](mailto:judleavitt76@gmail.com).

**Dayenu, A Jewish Call to Climate Action**—A movement to confront the climate crisis, rooted in Jewish values, experience, and spirit. [dayenu.org](http://dayenu.org)

**Jewish Conservative Coalition-Lamed 18** – JCCL was formed to bring together like-minded individuals who support and defend the Jewish people and our Constitutional values. Lamed is the Hebrew letter that teaches us to learn from everything in life. Eighteen (18) in *Gematria* means good things to come. For additional organization, member and upcoming events information contact: [JCCLevents@charter.net](mailto:JCCLevents@charter.net)

**Conference of Jewish Affairs** – We believe that America is a unique civilization worth preserving, and that liberty is the core engine behind America's success. As Jews and as admirers of the Bible, we believe in free markets and capitalism; judging people as individuals as opposed to indistinguishable members of groups; personal self-defense; reverence for the Constitution; property rights, national sovereignty and patriotism; a strong and capable military; and opportunity for all to succeed. We have a deep pride in Israel and her extraordinary achievements, and advocate for a secure and strong Israel. Please visit the [website](#) for additional information.



# January 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						<b>1</b> 9:30am Shabbat Services & Kiddush
<b>2</b> 2:30pm Online Jewish Meditation & Chant Circle	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> 12noon Online Study Group	<b>8</b> 9:30am Kiddush for Breakfast / 10:30 service
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> 6:30pm Board meeting on Zoom	<b>14</b> 12noon Online Study Group 6pm Online Kabalat Shabbat	<b>15</b> 9:30am Shabbat Services & Kiddush
<b>16</b> 2:30pm Online Jewish Meditation & Chant Circle	<b>17</b> 1:30pm Tu B'shvat at Yesod Farm	<b>18</b>	<b>19</b>	<b>20</b> 12noon Lunch & Learn with Rabbi Mitch	<b>21</b> 12noon Online Study Group 6pm Family Shabbat on Zoom	<b>22</b> 9:30am Shabbat Services & Kiddush
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> 12noon Online Study Group 6pm Online Kabalat Shabbat	<b>29</b> 9:30am Shabbat Services & Kiddush
<b>30</b> 4pm Torah on Tap	<b>31</b>					



Congregation Beth Israel

229 Murdock Avenue

Asheville, NC 28804

Office Phone (828) 252-8660

email: [admin@bethisraelnc.org](mailto:admin@bethisraelnc.org)

Synagogue Office Hours:

Tuesday to Friday

10:00 am to 4:00 pm

For updated information

visit our website at

[www.bethisraelnc.org](http://www.bethisraelnc.org)

## January

### Candle-lighting & Havdalah

Friday 12/31/21 5:09 pm  
Saturday 01/01/22 5:57 pm

Friday 01/07/22 5:15 pm  
Saturday 01/08/22 6:04 pm

Friday 01/14/22 5:22 pm  
Saturday 01/15/22 6:11 pm

Friday 01/21/22 5:29 pm  
Saturday 01/22/22 6:18 pm

Friday 01/28/22 5:36 pm  
Saturday 01/29/22 6:25 pm

## Chesed: CBI's Support Network

**Chesed** is a caring team of CBI members who are here to help out their CBI community during both challenging as well as joyous times. This committee has assisted individuals and families in a variety of ways. Sometimes it's as simple as making a call or writing a card. Sometimes it's preparing a meal, making a visit or providing a ride. Sometimes it's helping with a life cycle event: a *bat* or *bar mitzvah*, the birth of a baby, the loss of a loved one. But we need your help to continue our work effectively.

We can't offer to do anything unless we know who needs and wants some support. If we can help you with something or if you are aware of someone who needs assistance, please tell Lee, who will pass along that information to the **Chesed** committee. Or you can send an email request to [chesed@bethisraelnc.org](mailto:chesed@bethisraelnc.org). Many people at CBI are waiting to help out. At this point, over 70 people have put their names on one or more lists to provide support for their CBI family.

We also need your help responding to the requests. If you want to be involved, please tell Lee, who will pass along your interest to the committee. You can also contact the **Chesed** committee directly at [chesed@bethisraelnc.org](mailto:chesed@bethisraelnc.org). We'll get in touch with you to see what you are interested in doing. We're grateful to have you volunteer to do one or all of the following (it's really up to you):

- Visit those who are sick
- Make calls
- Be part of a *shiva minyan*
- Prepare meals
- Provide transportation
- Run errands
- Assist with set up for a *bar/bat mitzvah* party
- Host someone for a holiday meal

Jewish communities have a rich history of taking care of each other. The Babylonian Talmud teaches us that *All Jews are responsible one for another (Shevuot 39a)*.

The **Chesed** Committee invites you to be a part of that meaningful tradition.

### Administration

Rabbi Mitch Levine, [rabbi@bethisraelnc.org](mailto:rabbi@bethisraelnc.org)

Rochelle Reich, Executive Director [director@bethisraelnc.org](mailto:director@bethisraelnc.org)

Lee Avishai, Administrator [admin@bethisraelnc.org](mailto:admin@bethisraelnc.org)

Adrienne Press, Kitchen [kitchen@bethisraelnc.org](mailto:kitchen@bethisraelnc.org)

### Executive Committee

Ellen Sanders, President [president@bethisraelnc.org](mailto:president@bethisraelnc.org)

Danielle Tocaben, Vice Pres. [vicepresident@bethisraelnc.org](mailto:vicepresident@bethisraelnc.org)

Julie Sherman, Secretary [boardsecretary@bethisraelnc.org](mailto:boardsecretary@bethisraelnc.org)

Bruce Brown, Treasurer [cbitreasurer@bethisraelnc.org](mailto:cbitreasurer@bethisraelnc.org)

Mike Weizman, Past President [msweizman@gmail.com](mailto:msweizman@gmail.com)

### Committee Chairs/Members

Gail Gordon, Membership [chokma@outlook.com](mailto:chokma@outlook.com)

Meta Berkowitz, Membership [metabetamax@gmail.com](mailto:metabetamax@gmail.com)

Eva Blinder, Spiritual/Ritual [ejb5711@gmail.com](mailto:ejb5711@gmail.com)

Marlene Jacoby, Social Action [marlenejacobym@gmail.com](mailto:marlenejacobym@gmail.com)

Jay Jacoby, Social Action [jbjacoby@uncc.edu](mailto:jbjacoby@uncc.edu)

Caren Kessler, Chesed [chesed@bethisraelnc.org](mailto:chesed@bethisraelnc.org)

Jimi Moore, HaShofar [hashofar@bethisraelnc.org](mailto:hashofar@bethisraelnc.org)

Steve Kayne, House [1houseforu@gmail.com](mailto:1houseforu@gmail.com)

### Board Members-at-Large

Beth Blinder [bci92411@nc.rr.com](mailto:bci92411@nc.rr.com)

Bob Goldstein [goldst9@gmail.com](mailto:goldst9@gmail.com)

Alan Baumgarten [abaumgarten4@gmail.com](mailto:abaumgarten4@gmail.com)

Karen Fraade [kfraade@gmail.com](mailto:kfraade@gmail.com)

Alan Escovitz [aescovitz@charter.net](mailto:aescovitz@charter.net)

For everything else, contact [admin@bethisraelnc.org](mailto:admin@bethisraelnc.org)